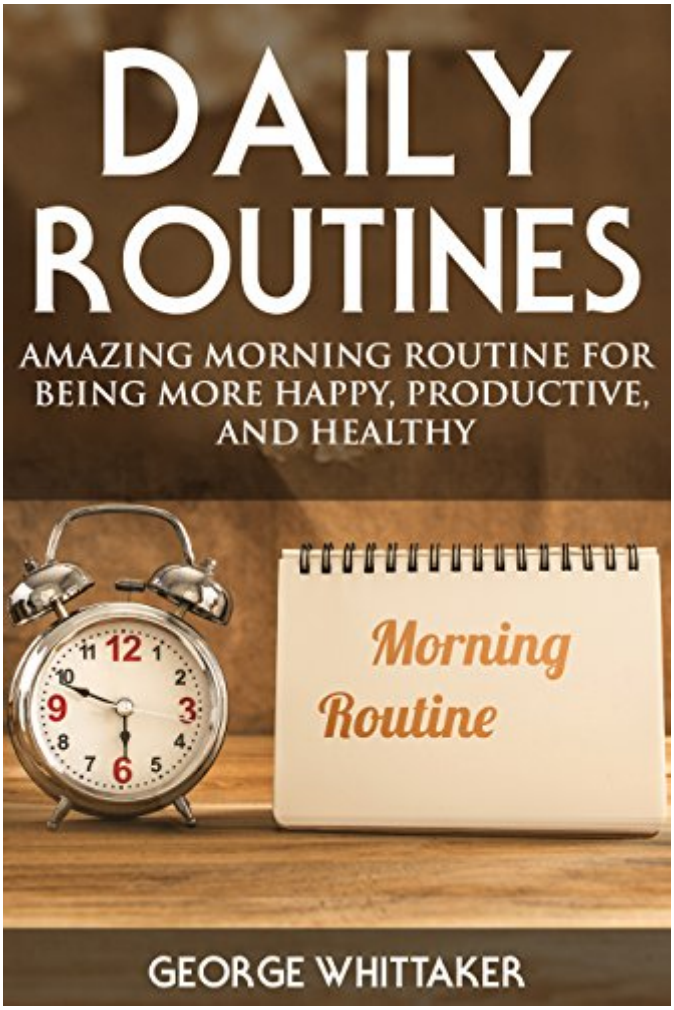
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Daily Routine: Amazing Morning Routine For Being More Happy, Productive And Healthy (Daily Routine, Daily Rituals, Daily Routine Makeover, Productivity Book 1)




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Synopsis

Start Your Day Like A Champion! It is no secret that your morning sets the tone for your entire day. That is why it is crucial that you have a power-driven morning that is completely set to align you for the highest level of success possible. Having a powerful and positive morning routine that starts you off with the right vibrations is going to absolutely change your life. You will find that every day you lead with your right foot forward, you will feel empowered, positive, and successful before you even begin. There are several methods for you to create a power routine for your mornings, but the formula for a strong morning routine is generally the same. You may wish to make some alterations to make these routines suit you and your unique lifestyle. That is okay, and is a big part of creating your power mornings. After all, you need a routine that feels good to you in order for it to truly start you off on the right foot. Throughout this book, you are going to be lead from the moment you wake up until the moment you are ready to truly start your daily commitments. Each chapter will be dedicated to a certain part of your power morning. It is important to note that a strong power morning starts with a restful nightÃ¢â ¬â„¢s sleep, which you can learn more about in Ã¢â ¬Å“Daily Routines: Night Time Routine for Being More Happy, Productive, and HealthyÃ¢â ¬Â•. By combining the skills that you will learn in these two books, you will transform your life in ways you never imagined. You will be more productive, happier, healthier, more vibrant, and more successful in your everyday life and beyond. Here Is A Sneak Peek Of What You Will Learn Fueling Your MindFueling Your BodyWays To Lift Your SpiritWaking Up With The Positive MindEssential Formula To Start The DayAnd Much Much More... Do Not Wait Any Longer And Get This Kindle Book For Only $2.99!

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Customer Reviews

Being productive throughout the day really starts with laying the foundation in the morning. For example, I recently saw a commencement speech by a Navy general in which he explained the importance of making your bed in the morning. It is the first accomplishment of the day, and sets the tone for what's to come. This book is jam-packed with great advice on how to create your own morning routine. Some things I already do, such as setting intentions. Others I had heard of, but reading about them again was a great reminder of how I can further improve my morning routine. A great tip for example was telling my family I love them. I really liked this book, and recommend anyone who wants to build or strengthen their morning routine to check it out.

Reading this book has slowly changed my nighttime habits into a good and beneficial one. The routine this provides is actually pretty effective since I don't really feel exhausted when waking up in the morning. I also like how it's written instructively which makes it easy for me to understand and follow.

It's a good way for me to not to procrastinate things.It's easy to grasp and it has good things to learn tosomeone like me. This book made me realize that I am on the right track and shouldcontinue doing what I do in the morning.

Great book that outlines how to be successful in managing your own daily routine. Easy to read. Tips are helpful and easy to implement. I enjoyed this book. I might even read it again.

I'm so glad to find this book. It's so helpful as I start my mornings. I was able to learn practical ways which are efficient in attaining a productive lifestyle.

I’m a stay at home Mom and bought this book because I am having a hard time feeling productive. I feel like all I do is play catch up and never get anything real done. I definitely need a better routine and I think this book will help.

Good read for me as I am looking for ways to improve my daily routine and this book has tons of valuable information on how I can do that.

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